



# MINNESOTA/USA WRESTLING



## 2010 AGE DIVISIONS and WEIGHT CLASSES

Note: Folkstyle Wrestling is 3 periods with no rest between periods.

AGE DIVISIONS	BIRTH DATES	MATCH TIME LIMITS	WEIGHT CLASSES
PEE WEE	Born 2004-2005	Best out of 3 one & 1/2-minute periods with 30 second rest between periods	30, 35, 40, 45, 50, 55, 60, 65 65+ (10 lbs. maximum difference)
BANTAM	Born 2002-2003	Best out of 3 one & 1/2-minute periods with 30 second rest between periods	40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)
INTERMEDIATE	Born 2000-2001	Best out of 3 one & 1/2-minute periods with 30 second rest between periods	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs.max difference)
NOVICE	Born 1998-1999	Best out of 3 one & 1/2-minute periods with 30 second rest between periods	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)
SCHOOLBOY/ SCHOOLGIRL	Born 1996-1997	Best out of 3 two-minute periods with 30 second rest between periods	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
FILA SCHOOLGIRL	Born 1996-1997	Best out of 3 two-minute periods with 30 second rest between periods	66, 70, 74, 81, 88, 97, 105, 114, 125, 136, 136+ (30 lbs. maximum difference)
CADET (Men)	Born 1994-1995	Best out of 3 two-minute periods with 30 second rest between periods	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
FILA CADET (Men)	Born 1993-1995	Best out of 3 two-minute periods with 30 second rest between periods	<b>39-42 KG/86-92.5 LBS, 46/101.25, 50/110.25, 54/119, 58/127.75, 63/138.75, 69/152, 76/167.5, 85/187.25, 85-100/187.25-220.5, 125/275.5</b>
FILA CADET (Women)	Born 1993-1995	Best out of 3 two-minute periods with 30 second rest between periods	<b>36-38 KG/79.25-83.75 LBS, 40/88, 43/94.75, 46/101.25, 49/108, 52/114.5, 56/123.5, 60/132.25, 65/143.25, 70/154.25, 78/172*, 84/185*, 100/220.5*</b>
JUNIOR (Men)	Born 9/1/1990 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
JUNIOR (Women)	Born 9/1/1990 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220
FILA JUNIOR WORLD (Men)	Born 1990-1992 1993 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	<b>46-50 KG/101.25-110.25 LBS, 55/121.25, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5</b>
FILA JUNIOR WORLD (Women)	Born 1990-1992 1993 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	<b>40-44 KG/88-97 LBS, 48/105.75, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 79.5/175.25*</b>
UNIVERSITY (Men)	Born 1986-1992 & athlete must have graduated from high school	3 two-minute periods with 30 second rest between periods	<b>55 KG/121.25 LBS, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5</b>
UNIVERSITY (Women)	Born 1986-1992 & athlete must have graduated from high school	3 two-minute periods with 30 second rest between periods	<b>48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.5, 77/169.75*</b>
SENIOR (Men)	Born 1990 or before 1991-1992 with medical certificate	3 two-minute periods with 30 second rest between periods	<b>55 KG/121.25 LBS, 60/132.25, 66/145.5, 74/163, 84/185, 96/211.5, 120/264.5</b>
SENIOR (Women)	Born 1990 or before 1991-1993 with medical certificate	3 two-minute periods with 30 second rest between periods	<b>48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75</b>
USA WRESTLING VETERANS (Men-All Styles)	Div. A: Born during the years of 1978 and 1985 Div. B: Born during the years of 1970 and 1977 Div. C: Born during the years of 1962 and 1969 Div. D: Born during the years of 1955 and 1961 Div. E: Born 1954 and before	<u>Freestyle &amp; Greco-Roman:</u> 3 two-minute periods with 30 second rest between periods <u>Folkstyle:</u> 1 two-minute period and 2 one-minute periods with 30 second rest between periods	<b>50-58 KG/110.25 -127.75 LBS, 63/138.75, 69/152, 76/167.5, 85/187.25, 97/213.75, 97-130/213.75 - 286.5</b>

\* Not a FILA weight

**I AM USA WRESTLING**